

Where do I report a concern about a child?

You must always disclose your concerns if you believe a child is being abused. Speaking up can help that child get help as soon as possible. You can contact the surgery on 01582 957599 or via email at eastgatesurgery@nhs.net. You are also more than welcome to pop into speak to us.

To report your concerns to your local safeguarding team, please see below for the contact details:

Central Bedfordshire:

Phone: 0300 300 8585. Out of hours: 0300 300 8123

Luton:

Email: mash@luton.gov.uk

Phone: 01582 547653. Out of hours: 0300 300 8123

Milton Keynes:

Email: children@milton-keynes.gov.uk

Phone: 01908 253169 or 01908 253170 Out of hours: 01908 265545.

Bedford:

Phone: 01234 718700 Out of hours: 0300 300 8123

National organisations that can help

National Society for the Prevention of Cruelty to Children (NSPCC): 0808 800 5000

Childline: 0800 1111

Respond (Supporting those with a learning disability/ Autism who have experienced abuse/ trauma): 02073830700

GALOP (For LGBTQIA+ who may be experiencing abuse): 0800 9995428

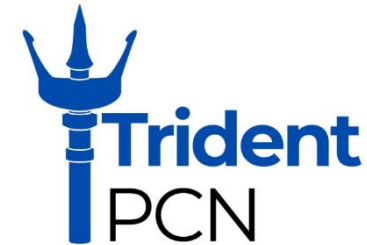
National Domestic Abuse Helpline: 0808 2000 247

Mankind (For men experiencing domestic abuse): 01823 334244

Karma Nirvana (for those experiencing honour-based abuse): 0800 5999 247



Eastgate Surgery



**Safeguarding children,
young people & adults
at risk- helpful
information**

Practice Statement

We acknowledge our duty of care to safeguard, protect and promote the welfare of children, young people and adults at risk. We remain committed to best practice and high-quality service provision which prioritises the safeguarding of our patients who are, or may be, at risk. We respond quickly and appropriately where abuse is suspected, or allegations are made and have a robust system for dealing with, escalating, and reviewing concerns. Our team remain aware of child and adult protection procedures and maintain links with other bodies, especially the Bedfordshire, Luton and Milton Keynes (BLMK) Integrated Care Board (ICB) appointed contacts. The team will liaise with other agencies, such as Social Services and the Police where additional support, intervention or information sharing is necessary.

Eastgate Surgery would like to assure you that we are always here to listen and to support. We encourage anyone reading this statement to come forward to the practice should they have any concerns they wish to disclose regarding a child or adult at risk.

What is abuse?

Abuse is a violation of a person's human and civil rights by another individual. It is where someone does something to another person that puts them at risk of harm and impacts on their health and wellbeing. It can take many forms, ranging from disrespect to causing someone physical or mental pain. It can occur in someone's home, a care home, hospital or a public place. Anyone can become a victim of abuse- it's no reflection of intelligence, strength or worth. Children are also especially vulnerable to abuse. Those with care and support needs, such as older people or people with disabilities, are also more likely to be abused or neglected.

What is safeguarding?

Safeguarding is the action that is taken to protect the health, well-being and human rights of children, young people and adults at risk, enabling them to live free from abuse, harm and neglect. Safeguarding is everyone's responsibility.

Where do I report a concern about an adult?

You must always disclose your concerns if you believe an adult is being abused. We can help that adult at risk get help as soon as possible. You can contact the surgery on 01582 957599 or via email at eastgatesurgery@nhs.net. You are also more than welcome to pop into speak to us.

To report your concerns to your local safeguarding team, please see below for the contact details:

Central Bedfordshire:

Phone: 0300 300 8122 Out of hours: 0300 300 8123

Luton:

Phone: 01582 547730 or 01583 547563

Milton Keynes:

Email: safeguardingadults@milton-keynes.gov.uk

Phone: 01908 252835 Out of hours: 01908 725005

Bedford:

Email: adult.protection@bedford.gov.uk

Phone: 01234 276222

**Eastgate Surgery
Safeguarding Leaflet.**

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